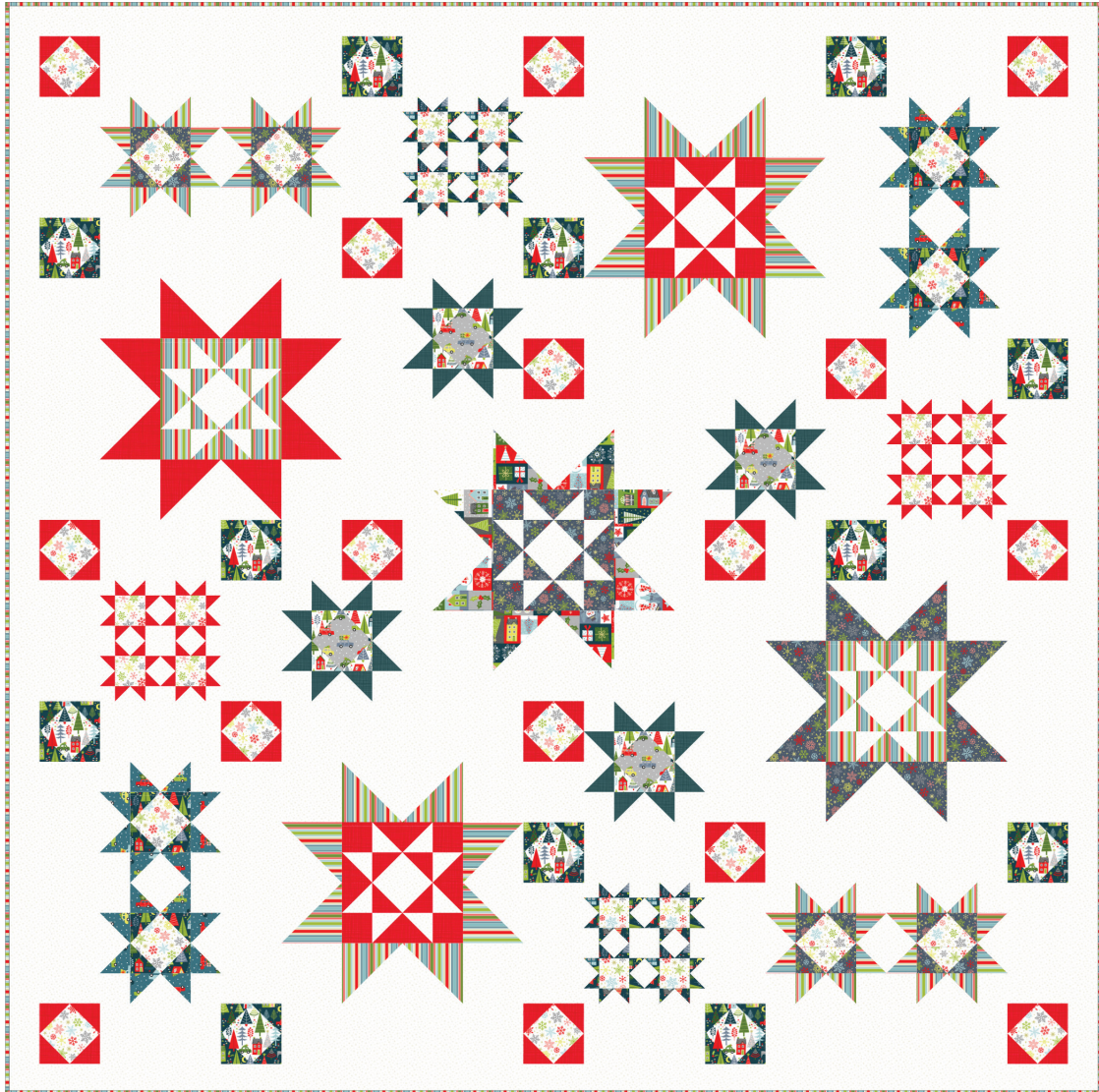


Joy Christmas Quilt, Runner and Cushion Instructions

Designed by Lynne Goldsworthy of lilysquilts.blogspot.com

Finished size Quilt 1.8m square (72" square), Runner 40cm x 120cm (16" x 48") and Cushion 50cm square (20" square)



[makoweruk](http://makoweruk.com)

Unit 14, Cordwallis Business Park, Clivemont Road,
Maidenhead, Berkshire SL6 7BU +44(0)1628 509640
sales@makoweruk.com www.makoweruk.com

 andover

Fabric Requirements			
Quilt - Fabric	Joy SKU	Amount	Cut
Blocks	2086/G	50cms / ½ yd	<ul style="list-style-type: none"> • Four 5 ¼" x 10 ¼" rectangles • Six 6 ¼" squares • Sixteen 2 ½" squares
Blocks	2232/B	FQ	<ul style="list-style-type: none"> • Four 6 ¼" squares
Blocks	2231/S	FQ	<ul style="list-style-type: none"> • Two 5 ¼" x 10 ¼" rectangles • One 6 ¼" square • Twenty-four 2 ½" squares
Blocks	2233/B	60cms / ⅔ yd	<ul style="list-style-type: none"> • Sixty-four 2 ½" squares • Two 8" squares
Blocks	2230/1	F8th	<ul style="list-style-type: none"> • Two 5 ¼" x 10 ¼" rectangles
Blocks	1525/B7	FQ	<ul style="list-style-type: none"> • Four 6 ¼" squares
Blocks	2231/W*	50cms / ½ yd	<ul style="list-style-type: none"> • Sixteen 4 ½" squares
Blocks	2231/W*	see above	<ul style="list-style-type: none"> • Four 4 ½" squares • Eight 2 ½" squares
Blocks	1525/R	75cm / ¾ yd	<ul style="list-style-type: none"> • Two 5 ¼" x 10 ¼" rectangles • Two 6 ¼" squares • Eighty 2 ½" squares • Two 8" squares
Blocks	2232/S	F8th	<ul style="list-style-type: none"> • Four 4 ½" squares
Blocks	2231/W*	see above	<ul style="list-style-type: none"> • Four 4 ½" squares • Eight 2 ½" squares
Blocks	2233/W	30cm / 12"	<ul style="list-style-type: none"> • Twelve 4 ½" squares • Sixteen 2 ½" squares
BKG	306/W1	4 m / 4 ¼ yds	<ul style="list-style-type: none"> • See cutting instructions below
Binding	2086/G	50cms / ½ yd	<ul style="list-style-type: none"> • Seven 2 ½" WOF strips for binding
Backing	2230/1	4.25 m / 4 ½ yds	<ul style="list-style-type: none"> • Cut into two equal lengths
Runner - Fabric	Joy SKU	Amount	Cut
Blocks	2231/W*	40cms / 15"	<ul style="list-style-type: none"> • Four 4 ½" squares • Two 6 ¼" squares
Blocks	2233/B	FQ	<ul style="list-style-type: none"> • Two 6 ¼" squares • Twenty-four 2 ½" squares
Blocks	2233/W	FQ	<ul style="list-style-type: none"> • Four 5 ¼" x 10 ¼" rectangles
Blocks	2232/B	F8th	<ul style="list-style-type: none"> • Eight 2 ½" squares
Blocks	2231/W*	see above	<ul style="list-style-type: none"> • Two 8" squares
Blocks	2086/G*	50cms / ½ yd	<ul style="list-style-type: none"> • Two 6 ¼" squares
BKG	1525/B7	75cms / ¾ yd	<ul style="list-style-type: none"> • See cutting instructions below
Binding	2086/G*	see above	<ul style="list-style-type: none"> • Four 2 ½" WOF strips
Backing	2230/1	1 m / 1 ¼ yds	<ul style="list-style-type: none"> • Cut into two equal lengths
Cushion - Fabric	Joy SKU	Amount	Cut
Blocks	2231/W*	FQ	<ul style="list-style-type: none"> • 4 ½" square • 6 ¼" square
Blocks	2233/B	F8th	<ul style="list-style-type: none"> • 6 ¼" square • Eight 2 ½" squares
Blocks	2233/W	F8th	<ul style="list-style-type: none"> • Four 4 ⅞" squares
Blocks	2232/B	F8th	<ul style="list-style-type: none"> • Eight 2 ½" squares
Blocks	2231/W*	see above	<ul style="list-style-type: none"> • Two 8" squares
BKG	1525/B2	40cm / 15"	<ul style="list-style-type: none"> • See cutting instructions below
Binding	2086/G	FQ	<ul style="list-style-type: none"> • Four 2 ½" WOFQ strips
Backing	2230-1	75cms / ¾ yd	<ul style="list-style-type: none"> • Two backing pieces

*Fabric appears more than once so only one fabric requirement given to cover all of them

Makower Christmas 2020 Quilt, table runner and cushion Instructions

Notes:

- Make sure to visit <http://www.makoweruk.com/projects/> to ensure you are working from the most up-to-date version of the pattern
- Read the pattern in full before starting
- ¼" seams are used throughout except where stated otherwise
- Press after each seam, pressing seams open or to one side as preferred
- LOF – length of fabric – a strip of fabric cut parallel to the selvages
- WOF - width of fabric - a strip of fabric cut from selvedge to selvedge
- WOFQ – a strip of fabric cut from selvedge to centre cut on a FQ or F8th
- BKG - background fabric
- HST – half square triangle
- QST – quarter square triangle

Quilt Instructions (Finished size 1.8m square / 72" square)

In addition to fabric requirements you will need:

Templates	Ten A templates, Seventeen B templates, Four C templates
Wadding	2m sq / 80" sq 279 Cotton Mix 80-20 from http://www.vlieseline.com/en
Thread	Aurifil 50wt for piecing and 40wt for quilting from http://www.aurifil.com

Cutting the fabrics

1. Follow the layout and fabric choices in the main quilt image for each quilt for the fabrics you are using. The main fabric requirements table tells you what to cut from each fabric or you may find it easier to work through what you need for each block and we have set that out below.
2. The two fabrics you need to cut in a certain order are fabrics D and I.
 - For D, first cut one 8" LOF strip and cut that into two 8" squares. From the remainder cut five 2 ½" WOF strips and cut those into sixty-four 2 ½" squares.
 - For I, cut an 8" WOF strip and cut into two 8" squares and two 5 ¼" x 10 ¼" rectangles. Then cut a 7 ½" WOF strip. Cut two 6 ¼" squares from that strip then cut the remainder into three 2 ½" WOF strips and cut those into twelve 2 ½" squares each. Finally cut three 2 ½" WOF strips and cut those into sixteen 2 ½" squares each.
3. For each quilt you will make:
 - Five A stars (large stars)
 - Four pairs of B stars (medium stars)
 - Four single B stars (medium stars)
 - Four sets of four C stars (small stars)
 - Twenty-eight economy squares (on top of the economy squares which appear in the centre of the A and B stars)
4. For each A star cut the following fabrics (BKG fabric cutting instructions are set out separately below):
 - Two 5 ¼" x 10 ¼" rectangles for the outer triangles of the star from one print
 - One 6 ¼" square and eight 2 ½" squares for the centre section of the star from a different print
5. For each B star cut:
 - One 6 ¼" square for the outer triangles of the star from one print
 - Four 2 ½" squares for the outside corners of the central economy square from a second print
 - One 4 ½" square for the centre of the central economy square from a third print
6. For each set of four C stars cut:
 - One 8in square for the outer triangles of the four stars from one print
 - Four 2 1/2in squares for the centre of the four stars from another print
7. Cut the BKG fabric into:
 - Three 5 ¼" WOF strips cut into ten 5 ¼" x 10 ¼" rectangles
 - Three 6 ¼" WOF strips cut into seventeen 6 ¼" squares

- One 8" WOF strip cut into four 8" squares
- Fifteen 4 1/2" WOF strips. First cut twenty-nine 4 1/2" squares and twenty 4 1/2" x 8 1/2" rectangles. Sew the remainder end to end and cut into sixteen 4 1/2" x 16 1/2" rectangles
- Twelve 2 1/2" WOF strips cut into forty-eight 2 1/2" squares, two 16 1/2" lengths and two 20 1/2" lengths. Sew the remainder end to end and cut into two 68 1/2" and two 72 1/2" lengths.
- Two 1 1/2" WOF strips cut into sixty-four 1 1/2" squares

8. Cut the backing fabric into two equal lengths and the binding fabric into seven 2 1/2" WOF strips.

Making the blocks

1. You will make:

- eight 4" and eight 2" HSTs for each A star,
- eight 2" HSTs for each B star, and
- eight 1" HSTs for each C star.

NB: These will be 4 1/2", 2 1/2" and 1 1/2" finished and 4", 2" and 1" pieced.

2. The 4" HSTs are made in sets of four using the A templates and the 5 1/4" x 10 1/4" BKG and print fabric rectangles. The 2" HSTs are made in sets of eight using the B templates and 6 1/4" BKG and print fabric squares. The 1" HSTs are made in sets of thirty-two using the C templates and the 8" BKG and print fabric squares.

NB: The fabric rectangles and squares are ~1/2" bigger than the templates so that they overhang the paper by 1/4" all around the dashed line – this is to make it easier to line up the fabrics to the paper template.

3. To make each set of HSTs, pin one BKG and one print fabric rectangle or square to the back of one of the paper templates with the fabrics right sides together and the paler fabric next to the paper. Shorten your machine stitch to 1.5 and sew along all of the red lines. Cut the template and fabric along all the blue lines using a rotary cutter. Trim off the corners on each triangle along the green lines. Press each HST unit open. Remove paper from the back of each HST unit.

4. To make each of the economy squares, you will need one BKG or print fabric 4 1/2" square and four print 2 1/2" squares. You will make these for the centres of the A stars, the centres of the B stars and for the cornerstones scattered around the quilt.

5. To make these, mark diagonal lines on the back of each of the 2 1/2" squares with erasable marker (fig 1).

6. Place one of the small squares right sides together with one corner of one of the large squares and sew along the diagonal line (fig 1). Repeat with a square on the opposite corner (fig 1). Trim away excess fabric 1/4" beyond the seam allowance lines (fig 2). Press over to add two triangles to the corners (fig 3). Repeat for the other two corners (fig 4).

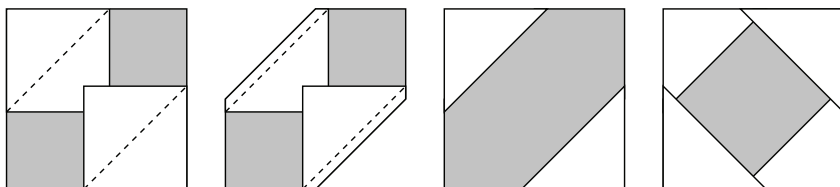
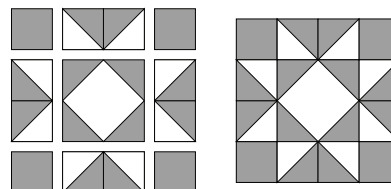


fig 1-4

7. Assemble the B blocks and the centres of the A blocks following the layout in figs 5 and 6 and as follows:

- sew the 2" HSTs into pairs
- Sew pairs of HSTs to either side of a print 4 1/2" square
- sew 2 1/2" print squares to each end of the other two pairs of HSTs
- sew these two strips to the top and bottom of the block.



8. Repeat this process for the outer part of the large star blocks using the A block centre stars made at step 4 above as the centre square, the 4" HSTs and the 4 1/2" BKG squares in the corners. See figs 7 and 8.

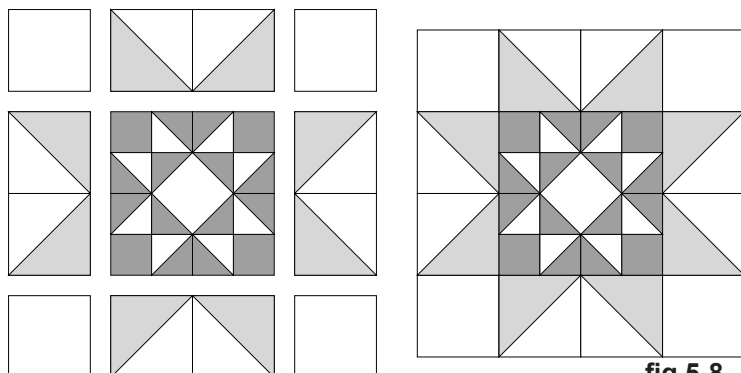


fig 5-8

9. Sash the A star block in the centre of the quilt with $2\frac{1}{2}$ " x $16\frac{1}{2}$ " BKG strips on each side then $2\frac{1}{2}$ " x $20\frac{1}{2}$ " BKG strips on the top and bottom.
10. Make the C stars using print $2\frac{1}{2}$ " squares for the centre of the blocks, 1" HSTs and $1\frac{1}{2}$ " BKG fabric squares in the corners. Sew these into four sets of four.

Assembling the quilt top

1. Refer to fig 9 and the following steps and make four of this section – these will rotate around the centre A star as shown in fig 10.
 - Sew two economy squares to the ends of a $4\frac{1}{2}$ " x $16\frac{1}{2}$ " BKG strip (row 1)
 - Sew two (matching) B stars together and sew $4\frac{1}{2}$ " x $8\frac{1}{2}$ " BKG strips to each end of this piece (row 2)
 - Sew two economy squares to the ends of a $4\frac{1}{2}$ " x $16\frac{1}{2}$ " BKG strip (row 3)
 - Sew $4\frac{1}{2}$ " x $16\frac{1}{2}$ " BKG strips to either side of an A star block (row 4)
 - Sew a $4\frac{1}{2}$ " x $8\frac{1}{2}$ " BKG strip to one side of an economy square and a $4\frac{1}{2}$ " BKG square to the other side. Sew economy squares to each end of this strip (row 5)
 - Sew $4\frac{1}{2}$ " x $8\frac{1}{2}$ " BKG strips to either side of a square of C stars. Sew a B star to one end of this piece (row 6)
 - Sew these six rows together. Make four of these.
2. Sew these four pieces to the central A star using partial seams, pressing after each seam and as follows:
 - Sew part of the A section to the centre star with the seam stopping short of the end of the centre star as shown by the red line.
 - Sew the B section to this piece as shown by the orange line
 - Sew the C section to this piece as shown by the yellow line
 - Sew the D section to this piece as shown by the green line
 - Sew the remainder of the seam attaching the A piece as shown by the blue line

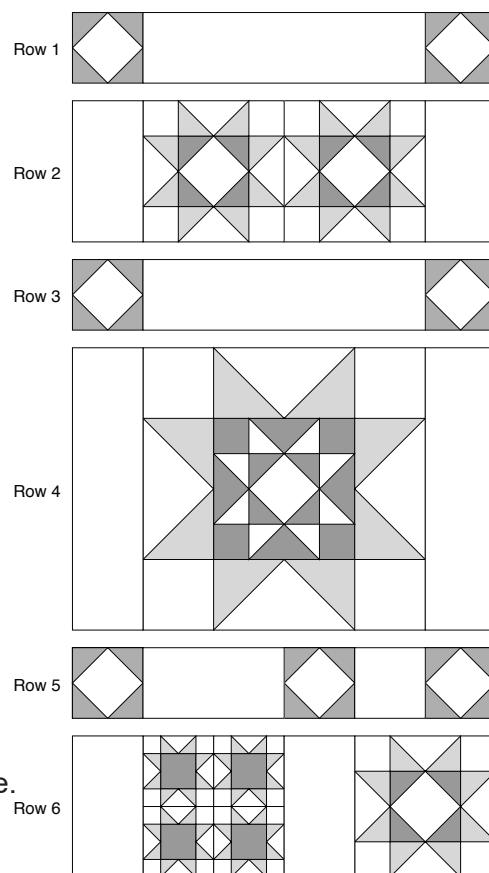


fig 9

3. Sash the sides of the quilt top with the $2\frac{1}{2}$ " x $68\frac{1}{2}$ " BKG strips then the top and bottom with the $2\frac{1}{2}$ " x $72\frac{1}{2}$ " BKG strips.

Finishing the quilt

1. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
2. Sew the two pieces of backing fabric together. Make a quilt sandwich, basting together the back, the wadding and the top.
3. Quilt as desired then trim square, removing excess wadding and backing. We used a cream 40wt Aurifil thread on the front and back.
4. Bind, taking care to mitre the corners.

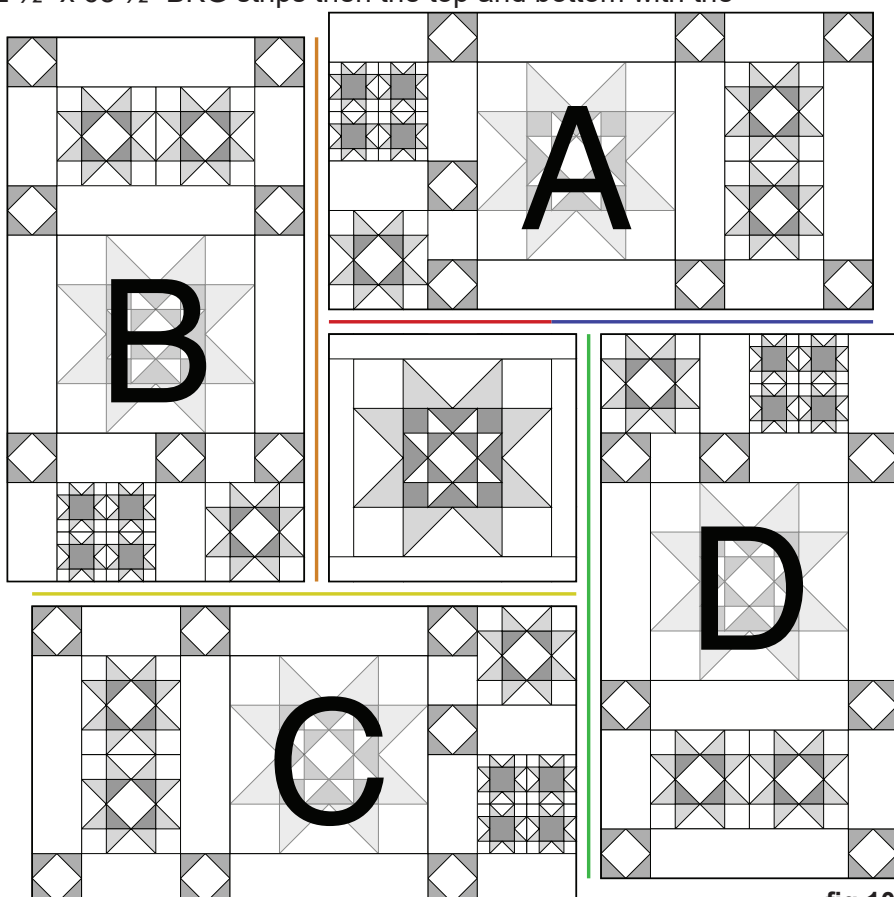


fig 10

Table Runner Instructions (Finished size 40cm x 120cm / 16" x 48")

In addition to fabric requirements you will need:

Templates - Four A templates, Four B templates, Two C templates
Wadding - 50cm x 1.3m / 20" x 52" 279 Cotton Mix 80-20 from http://www.vlieseline.com/en
Thread Aurifil - 50wt for piecing and 40wt for quilting from http://www.aurifil.com

Cutting the fabrics

1. Follow the layout and fabric choices in the main image for each table runner for the fabrics you are using. The main fabric requirements table tells you what to cut from each fabric or you may find it easier to work through what you need for each block and we have set that out below. For each runner you will make:
 - Two A stars (large stars)
 - Two B stars (medium stars)
 - Eight C stars (small stars)
2. Refer to the quilt pattern for cutting information for the print fabrics for each of the stars except that there will be a third fabric for each of the A stars (since the centres of the A stars contain BKG fabric in the quilt but not in the runner or cushion). From this third fabric (for the star in the centre of the block), cut one 6 ¼" square and one 4 ½" square).
3. Cut the BKG fabric into:
 - One 5 ¼" WOF strip cut into four 5 ¼" x 10 ¼" rectangles
 - One 8" WOF strip cut into two 8" squares and two 6 ¼" squares
 - One 4 ½" WOF strip cut into eight 4 ½" squares,
 - One 2 ½" WOF strip cut into eight 2 ½" squares and four 1 ½" squares
 - One 1 ½" WOF strip cut into twenty-eight 1 ½" squares
4. Cut the backing fabric into two equal lengths and the binding fabric into four 2 ½" WOF strips.

Making the runner

1. Make two A stars, two B stars and eight C stars following the quilt pattern instructions except that the centre of the A stars are made from two print fabrics (rather than one print and one BKG in the quilt).
2. Sew the B stars together and the C stars into two strips of four.
3. Sew the C star strips to either side of the B stars. Sew the A stars to each end (see fig 1).
4. Finish the runner as per the instructions for the quilt.

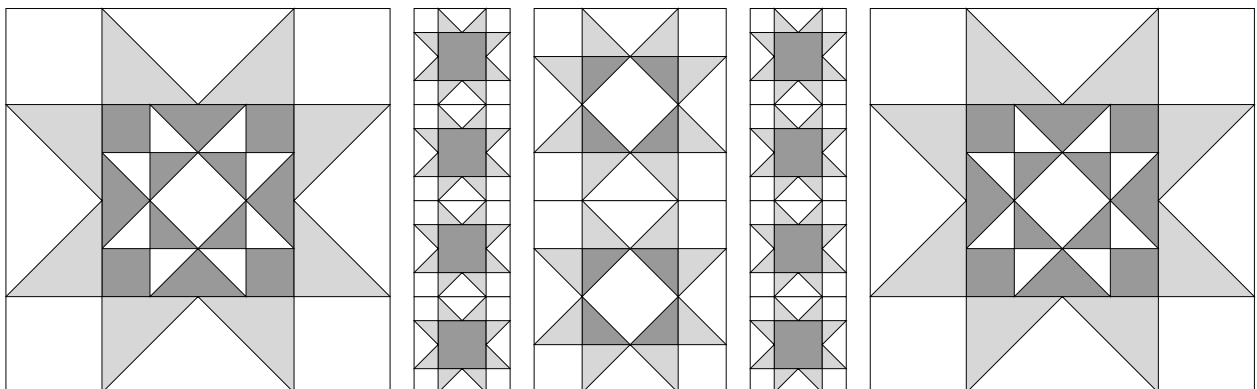


fig 1

Cushion (Finished size 50cm square / 20" square)

In addition to fabric requirements you will need:

Templates - One B template, Two C templates

Wadding - 60cm square / 24" square - 279 Cotton Mix 80-20 from <http://www.vlieseline.com/en>

Thread - Aurifil 50wt for piecing and 40wt for quilting from <http://www.aurifil.com>

NB: We do not add a backing to our pillow front but, if you prefer to add a fabric backing, you will need a 24" square of some scrap fabric.

Cutting the fabrics

- Follow the layout and fabric choices in the main image for each table runner for the fabrics you are using. The main fabric requirements table tells you what to cut from each fabric or you may find it easier to work through what you need for each block and we have set that out below. For each cushion you will make:
 - One large star of the same design as the A stars in the quilt and runner but the construction is different to incorporate the C stars within its border.
 - Eight C stars (small stars)
- For the large star cut the following fabrics:
 - Four 4 7/8" squares each cut in half on the diagonal for the outer triangles of the star from one print
 - One 6 1/4" square and eight 2 1/2" squares for the centre border section from a second print
 - One 6 1/4" square and one 4 1/2" square for the centre star from a third print
- For each set of four C stars cut:
 - One 8" square for the outer triangles of the four stars from one print
 - Four 2 1/2" squares for the centre of the four stars from another print
- Cut the BKG fabric into:
 - One 8" WOF strip cut into two 8" squares, one 5 1/4" square (cut in half on both diagonals to yield four QSTs), four 2 7/8" squares (each cut in half on the diagonal to yield two HSTs) and thirty-two 1 1/2" squares
 - Two 2 1/2" WOF strips cut into eight 2 1/2" squares, four 2 1/2" x 4 1/2" rectangles and four 2 1/2" x 6 1/2" rectangles
- Cut the backing fabric into two 12" x 24" pieces (portrait style where the fabric is directional) and the binding fabric into four 2 1/2" WOFQ strips.

Making the Cushion

- Make the centre of the A star and the eight C stars following the quilt pattern instructions except that the centre of the A star is made from two print fabrics (rather than one print and one BKG in the quilt).
- Follow figs 1-8 and the steps below to assemble the cushion.
 - Sash the sides of four of the C stars with 2 1/2" x 4 1/2" BKG strips (fig 1)
 - Sash the adjacent sides with 2 1/2" x 6 1/2" BKG strips (fig 2)
 - Sew eight 2 7/8" BKG HSTs to eight 2 1/2" BKG squares (fig 3)
 - Sew these to either side of four C stars and sew a 5 1/4" BKG QST on to one end (fig 4)
 - Sew print 4 7/8" HSTs to the corners of this piece (figs 5 and 6)
 - Sew these elements into three rows of three and then sew those three rows together to finish the cushion top (figs 7 and 8)

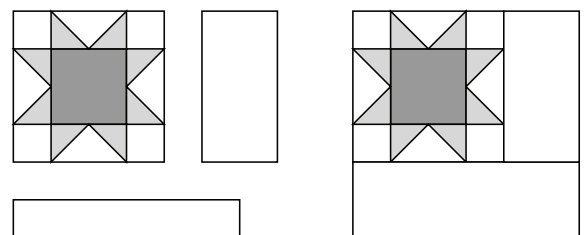


fig 1-2

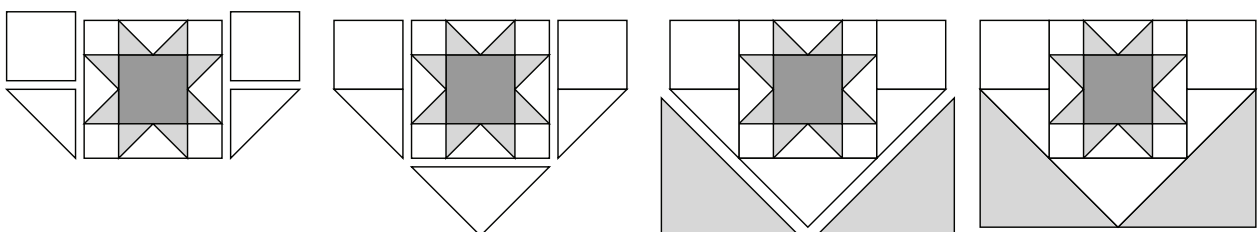


fig 3-6

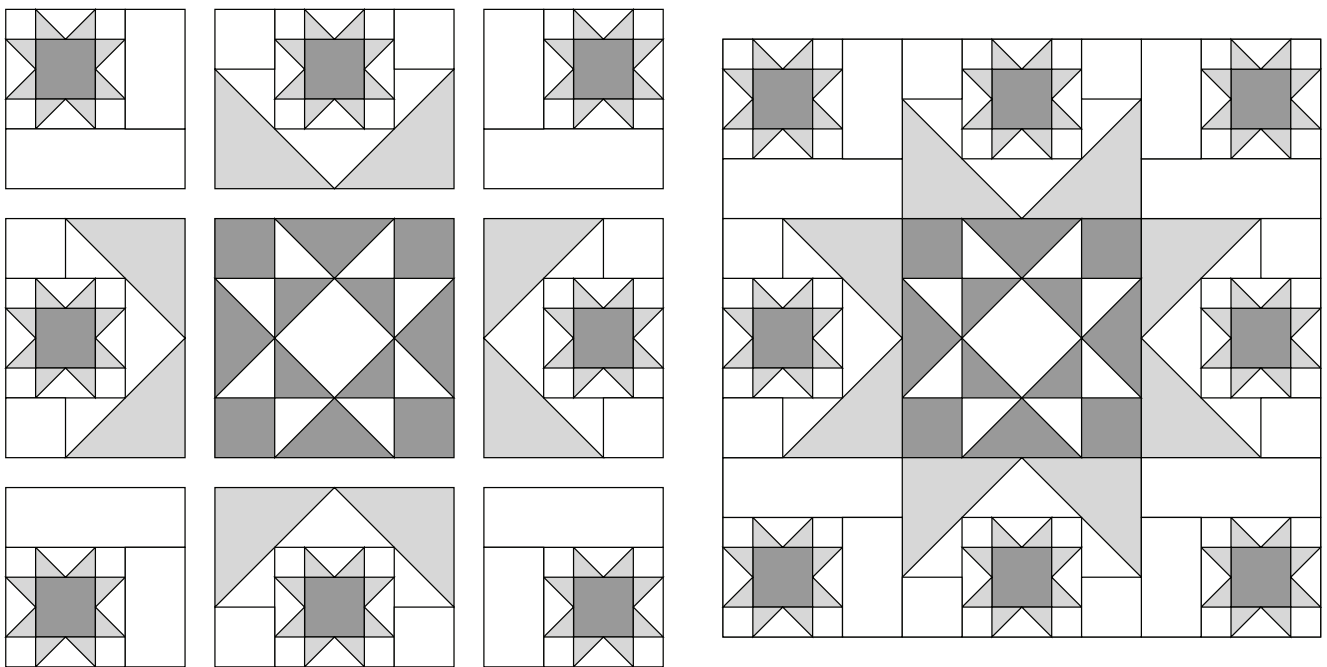
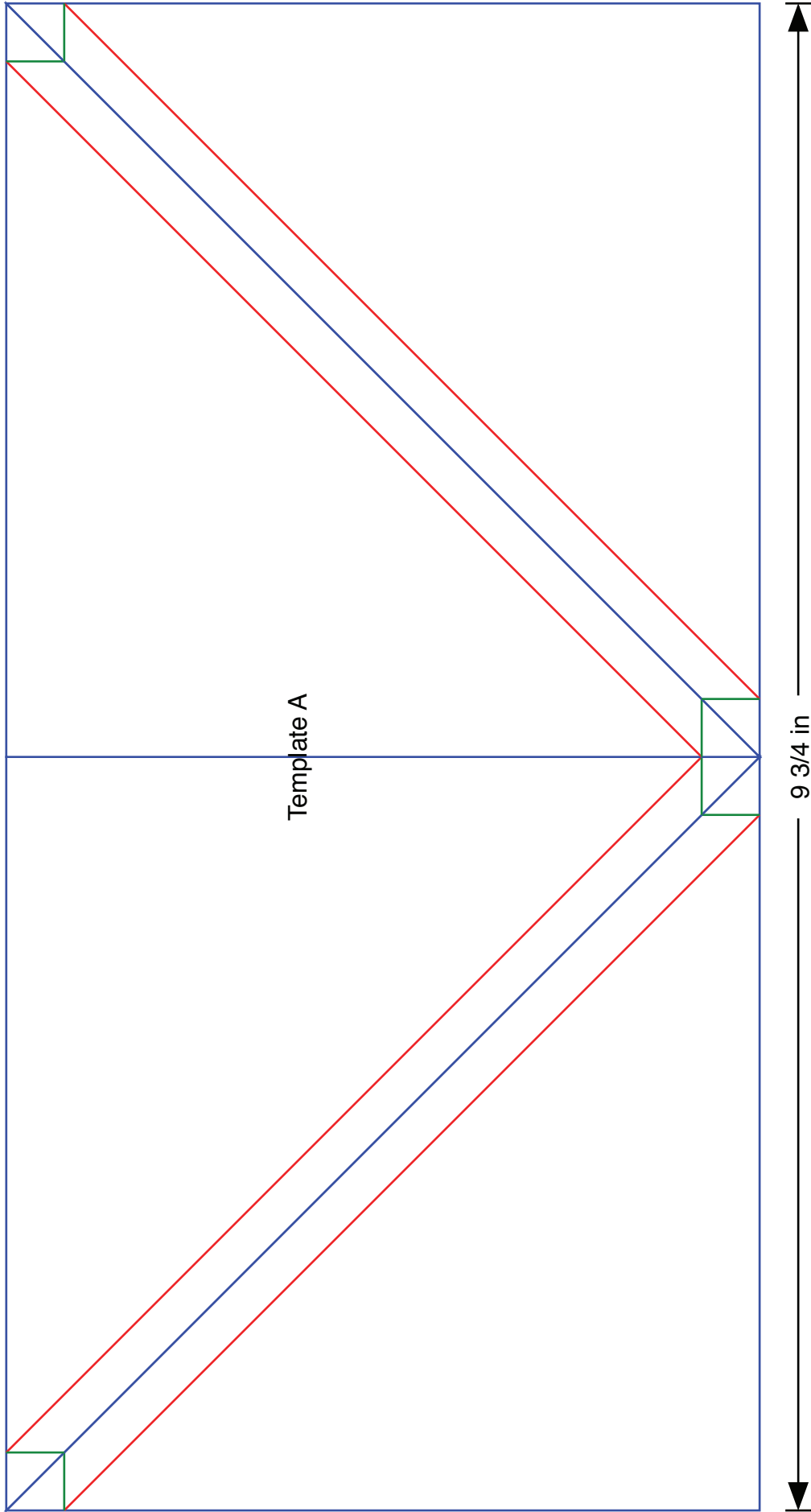


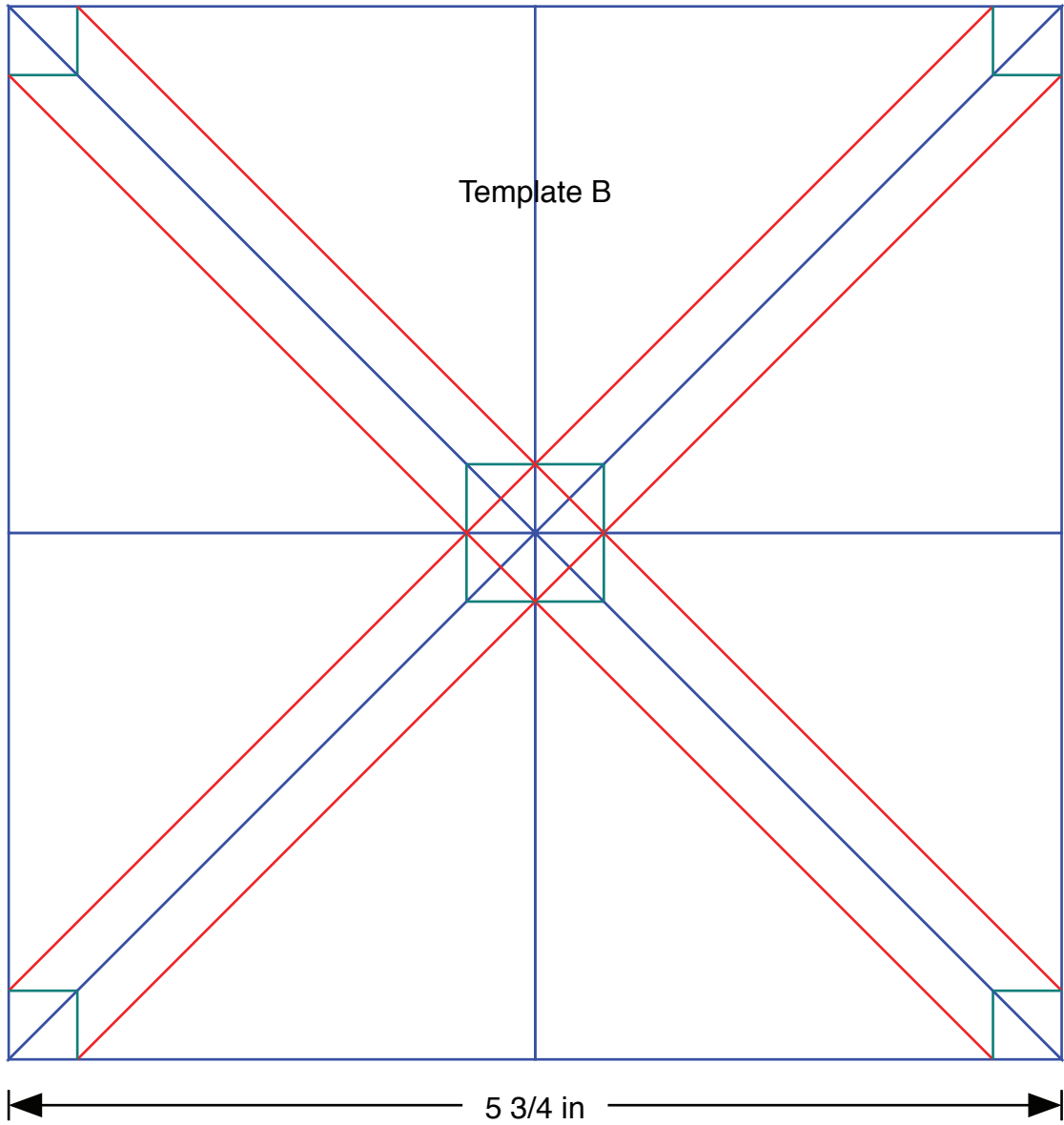
fig 7-8

Finishing the cushion

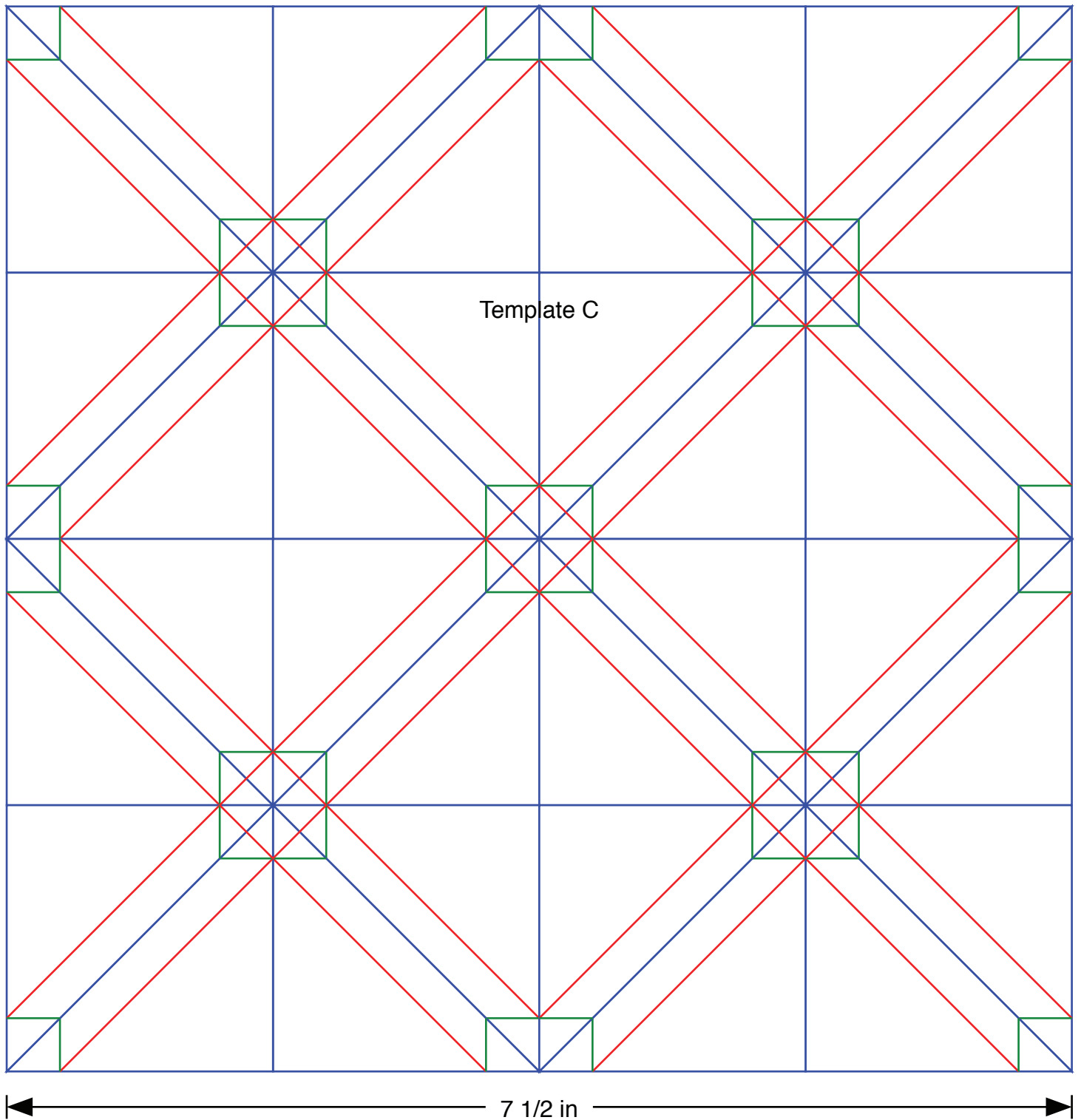
1. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
2. Make a quilt sandwich, basting together the back (if you are using a back), the wadding and the top.
3. Quilt as desired then trim square, removing excess wadding and backing. We used a cream 40wt Aurifil thread on the front and back.
4. Hem one vertical edge of each of the backing pieces – hem the right side one and the left side of the other where directional fabric is used.
5. Overlap one backing piece over the other, pin to the cushion front, wrong sides together, zigzag around the four edges to secure and trim away excess backing fabric.
6. Bind, taking care to mitre the corners.



Templates must be printed at 100% or "no scaling". To ensure the templates are the correct size, measure the dimension lines to make sure they have printed at the correct length.



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